

# Xavier University Men's Soccer Youth Elite Boys Camp Itinerary

<u>Time</u>	<u>Activity</u>
<b>12:00 pm – 12:30 pm</b>	Registration in Gallagher Student Center Lobby
<b>12:30 pm – 1 pm</b>	College Soccer Talk with Coach Fleming
<b>1:10 pm</b>	All Campers depart for field with <u>XU Players</u>
<b>1:30 pm – 1:45 pm</b>	Dynamic Warm Up/Passing Pattern with <u>XU Players</u>
<b>1:50 pm – 1:55 pm</b>	Station 1 Demo by XU Players (Transition)
<b>2:00 pm – 2:15 pm</b>	Station 1 for Campers
<b>2:20 pm – 2:25 pm</b>	Station 2 Demo by XU Players (Switching the Point)
<b>2:30 pm – 2:45 pm</b>	Station 2 for Campers
<b>2:50 pm – 3:00 pm</b>	Break/Set Up Fields for 9 v 9 Tournament
<b>3:00 pm – 3:45 pm</b>	Showcase Games/9V9 Age Specific Matches (Campers with X Players) (2 - 20 Minute Halves, 5 Minute Halftime)

